

Think Like an Extraordinary Leader: **Developing a Mindset for Results**

Who am I?

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President and Founder of Frame of Mind
Coaching and JournalEngine™ Software

1. Coach Leaders, Entrepreneurs, and Innovators
2. Certify Coaches in the FOM Coaching Method
3. License JE Software

Leadership Profile:

1. Big goals
2. Determined to make a difference in the world
3. Big liver

Poll #1

It's important that leaders know their **WHY**

Yes?

No?

Maybe?

Poll #2

EMPATHY is a critical leadership skill

Agree?

Disagree?

It depends?

Poll #3

It takes 2 to **TANGO**

Agree?

Disagree?

It depends?

Poll #4

Great leaders implement **ACCOUNTABILITY**
as a strategic coaching tactic.

Agree?

Disagree?

It depends?

Poll #5

ACTION creates results – Change your actions, change your results.

Agree?

Disagree?

It depends?

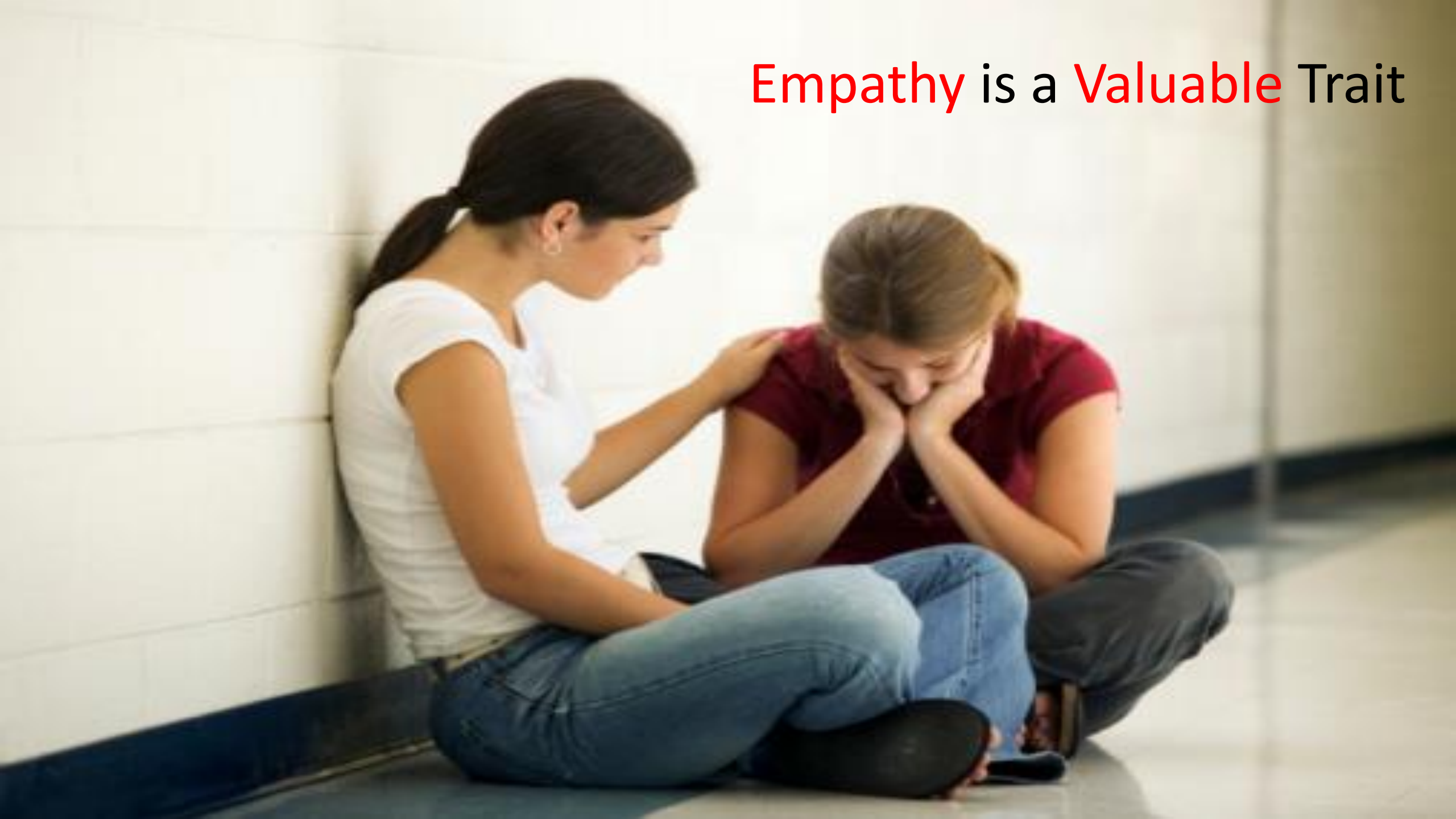
what's
your
why?



Better **Question:**

WHAT'S YOUR WHY **NOT?**

Empathy is a Valuable Trait



empathy

[em-puh-thee]

noun

1. the psychological identification with or vicarious experiencing of the feelings, thoughts, or attitudes of another.
2. the imaginative ascribing to an object, as a natural object or work of art, feelings or attitudes present in oneself:
By means of empathy, a great painting becomes a mirror of the self.



It Takes 2 To Tango



Does it **really**?



EXIT 23 →

ACCOUNTABILITY
STRAIGHT AHEAD







Our



Beliefs



DANGER

EXPECTATIONS



FINNISH





**If you always do what
you've always done**

**You'll always get what
you've always got**

Better **Quote**:

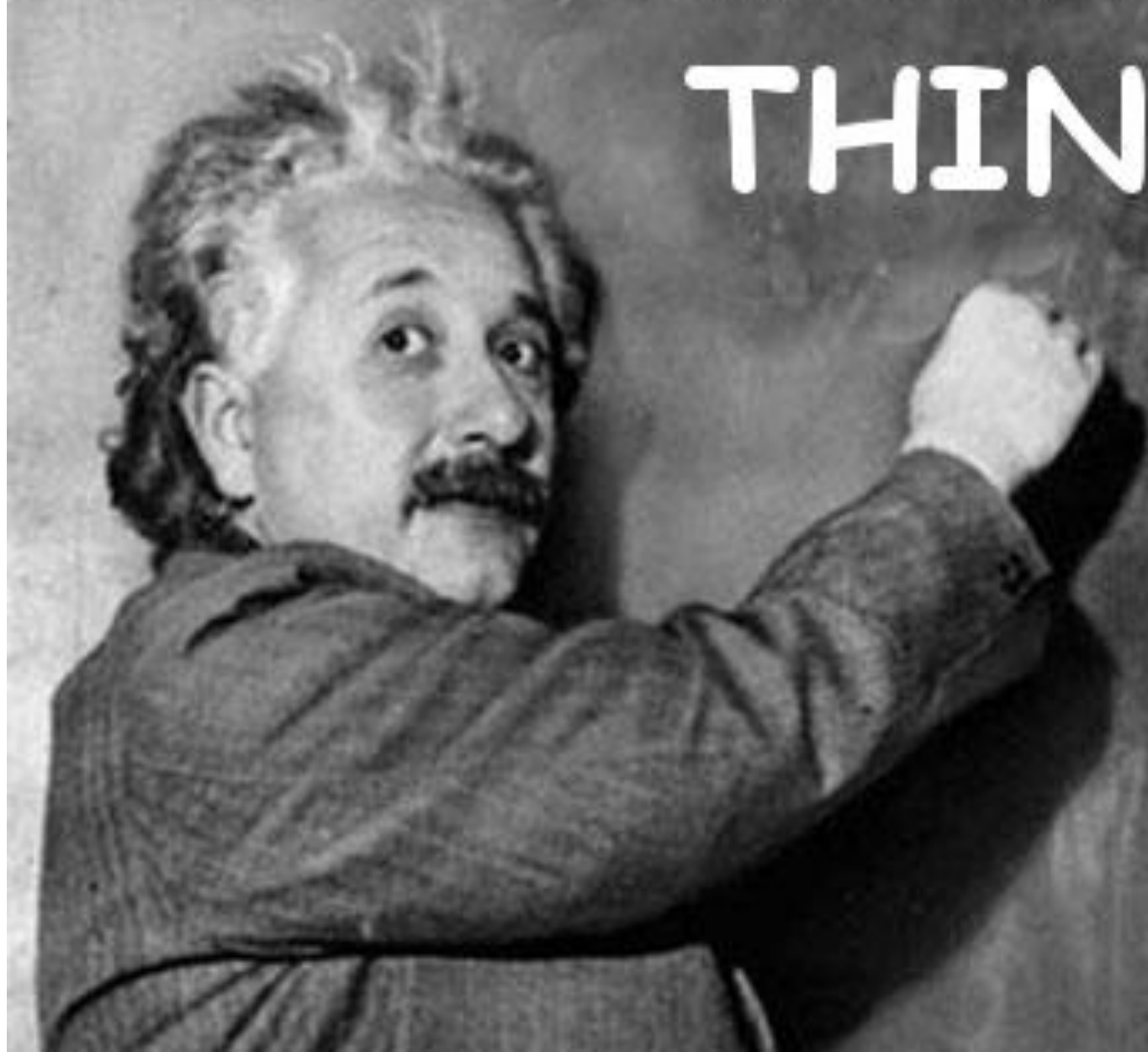
“If you always **THINK** what you’ve
always **THOUGHT**

You’ll always get what you’ve always
got.”

Extraordinary Leaders

- 1. Challenge their own beliefs – ask why not?**
- 2. Compassionately hold a strong vision for each member of their team**
- 3. Take 100% responsibility for their relationships**
- 4. Create powerful social contracts**
- 5. Align their thinking with their goals before taking action**

WHAT ARE YOU
THINKING?





Master **your** thinking so that you can achieve extraordinary goals.



FOM Coaching Process

- 10 Weeks
- 10 Calls
- Recording of every call
- Weekly Journaling Prompts
- Daily Journaling

Benefits of Journaling

For the client...

- Unload
- Sort through stories and thoughts
- Notice patterns
- Safe, intimate environment
- Receive daily coaching
- Capture of journey from start to finish

Benefits of Journaling

For the coach...

- Invaluable data for the coach
- Frequent contact – always up to date
- Depth of conversation
- Speed
- Impact is extremely high

Journaling Worksheet

- What do you really, really want more than anything?
- How would your life be impacted if you had it?
- What's standing in your way? (i.e. why don't you have these things now?)

Complimentary **FOM** Coaching Experience:

www.frameofmindcoaching.com

