



## Webcast Introduction to Effective Remote Work *Differentiating between Sudden and Sustainable*

### Summary

This webcast will explain the fundamental differences between sudden and sustainable remote work, and the essential skills and practices needed to succeed in both situations.

### Objectives

1. Recognize the **differences** between sudden and sustainable remote work.
2. Determine strategies for immediately improving three competency areas critical to remote work success: **Focus**, **Communication**, and **Productivity**.
3. Identify a **plan** for leveling up to sustainable remote work.

### Optimize this Experience

- Pause distractions as much as possible.
- Focus on the presentation.
- Reflect on your own experiences.
- Participate.
- Choose tiny actions to improve remote work skills.
- Share what you learn.

What is **one** thing you want to get out of this presentation?

What are some of the differences between **unexpected** remote work and **sustainable** remote work? Why are these differences important?



## How do I focus when there's so much going on?

Remote Work Competency	Definition
Focus	Ability to focus attention in a distributed environment, among distributed tasks and demands.

What's on your mind right now?

What are your biggest challenges when trying to focus?

### One Tiny Action (#OTA)

What's one thing you can do today to improve your focus?	What's one thing you can do today to help others improve their focus?
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*Level Up: Create a Boundaries Agreement*



## How do I communicate with my coworkers?

Remote Work Competency	Definition
Communication	Ability to effectively interpret and convey messages in all modes (interpretive, presentational, interpersonal), both synchronously and asynchronously.
Channel & Mode Switching	Ability to choose appropriate communication channels in a remote setting.

What channels do you use for communication?

What are your biggest challenges when communicating?

### One Tiny Action (#OTA)

What's one thing you can do today to improve your communication?

What's one thing you can do today to support others in improving communication?



*Level Up: Create a Communication Charter*



## How am I going to get my work done at home?

Remote Work Competency	Definition
Productivity	Ability to comprehend and meet expectations for performance and productivity in a distributed environment.
Autonomy	Ability to proactively carry out work and communication using critical thinking and problem-solving.

How is your performance measured?

What are your biggest challenges when it comes to productivity?

### One Tiny Action (#OTA)

What's one thing you can do today to improve your productivity?

What's one thing you can do today to support others in improving productivity?



*Level Up: Update Performance Expectations*



## What do we do next?

Which of these areas do you think your company needs to address the most in order to support sustainable remote work?

MINDSET

INFRASTRUCTURE

EDUCATION

### One Tiny Action (#OTA)

What's one thing you can do today to move toward sustainable remote work?

What's one thing you can do today to support others in moving toward sustainable remote work?

## RESOURCES

### Blog posts:

[Preparing for Emergency Remote Work](#)

[Preparing for Emergency Online Learning](#)

[Kid Approved! Tips to Get Work Done from Home](#)

[Supporting Psychological Safety and Culture in the Midst of Emergency Remote Work](#)

### Learning Experiences:

[Unexpected Remote Work](#)

[Workplaceless Remote Work Certification](#)

[Leadplaceless](#)

[Trainplaceless](#)

[Program brochure \(including Workshops\)](#)

### Webinar:

[Optimal Learning & Development Strategies for Remote & Hybrid Teams](#)

### Other:

[Remote Work Dictionary \(App\)](#)

[Remote Work Competency Model](#)

[Remote Readiness Assessment \(for Businesses\)](#)

[Remote L&D Planning Guide](#)

### Tools:

[MURAL](#) for virtual collaboration and whiteboarding

[Klaxoon](#) for engaging online meetings

[Freedom](#) to block distractions

[Krisp.ai](#) to block background noise in video calls

[Caveday](#) for focused, deep work sessions