

# PATH TO STORY

1

## CLARIFY THE LESSON

Ask, How does that make you **feel**?

Have **them** take you to the emotion

Listen and respond with **empathy**

2

## LOOK FOR THE LESSON

Ask yourself, What do I know is **true** about...?

**Honest** reflection is key

Accept that you only know **your** experience

3

## SUPPORT THE LESSON

Ask yourself, "**How** do I know this is true?"

Storytelling is **about** you, but not **for** you

Follow the **narrative arc** to show change