

What's My Style? - Adult Instructor

	Safe	Stimulating	Spontaneous	Systematic
Instructor Style	Instructor uses group-building exercises and stresses the comfort of the learner.	Instructor uses active learning and stresses change and growth in the learner.	Instructor uses fun and creative activities and stresses enjoyment by the learner.	Instructor uses clear objectives and organization and stresses an orderly design for the learner.
Students experience	The learning atmosphere is very welcoming and comfortable. Students know they are accepted and respected.	The learning challenges and provokes change and growth. Students find they learn many valuable things they can use.	The learning is enjoyable and full of surprise and laughter. Students have a good time and feel happy.	The learning experience is clearly defined with a sense of logic. Students know exactly why they came and what they will gain.
Goal of instruction	Nice learning atmosphere	Effective change	Enjoyment and freedom	Meet clear goals
Key words	Acceptance Comfort Getting acquainted	Change Challenge Provoke	Enjoyment Unpredictable Humor	Order Objectives Well planned
Advantages for learners	No worry about embarrassment or discomfort. Learners find a friendly place where they can relax and learn.	No worry about irrelevant learning or time wasted. Learners find meaningful knowledge and useful skills.	No worry about long boring sessions. Learners find that time passes quickly and they are refreshed and happy.	No worry about a mismatch between what they want and what they get. Learners find the experience meets their real needs.
Instructors need to learn	This instructor could learn from the STIMULATING style to challenge learners to change and grow.	This instructor could learn from the SAFE style to assure the acceptance and comfort of learners.	This instructor could learn from the SYSTEMATIC style to offer order and predictability.	This instructor could learn from the SPONTANEOUS style to provide more freedom and enjoyment.